

# Earth Week 2022

Tuesday, April 19th - Saturday, April 23rd



Seattle  
Parks & Recreation



## Earth Week In Seattle

Since 1970, Earth Day has occurred each year on April 22nd to help bring awareness, offer learning opportunities, and give back to the environment. This year, join Seattle Parks and Recreation's Environmental Sustainability Education and Engagement Unit for a fun Earth Day activity!



### STORYWALK IN THE PARKS

Take a walk in one of Seattle's parks and read a book while you walk (4/19-4/24)

### WONDER WALK AT DISCOVERY PARK

Celebrate Earth Week with Seattle Urban Nature Guides. This guided nature walk will focus on exploring the forest with all our senses (4/23, 1pm-2:30pm)

### HIGH POINT EARTH DAY EVENT

Seattle Parks Naturalists will be hosting a booth with art activities and educational information for Earth Day at High Point Commons Park in West Seattle (4/23)

### Earth Week Family Yoga

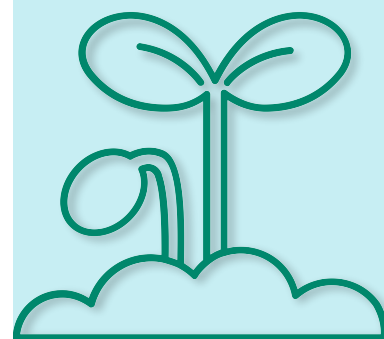
Come to Discovery Park and explore how yoga helps us feel grounded and connected to the Earth as well as practice poses, mindfulness, and relaxation (4/23, 11am-noon) (\$5 per person, registration required)

### 2022 City Nature Challenge

Continue to explore after Earth Week and help document the amazing diversity of nature in Seattle Parks using the iNaturalist app

### DIY Micro-Greens Kit

Grow your own Micro-greens at home with our DIY Kit. Each kit includes everything you need to grow your own Micro-Greens. Reserve yours today at [Seattle.gov/Parks](https://Seattle.gov/Parks)







## Continue to Explore After Earth Week

Join Seattle Parks naturalists and Seattle Urban Nature Guides on a walk and participate in the 2022 City Nature Challenge. The walks are an opportunity to meet new people, get help downloading/using the iNaturalist app (needed to participate in the City Nature Challenge) and help document the amazing diversity of nature in our Seattle Parks.

## 2022 City Nature Challenge Schedule

- **Friday, April 29th, 4pm-6pm:** Lincoln Park  
upper parking lot information kiosk
- **Saturday, April 30th, 10am-noon:** Carkeek Park  
lower parking lot next to the kiosk
- **Sunday, May 1st, 1pm-3pm:** Magnuson Park  
building 30 parking lot
- **Monday, May 2nd, 10am-noon:** Seward Park  
in front of the Audubon Center

## StoryWalk in the Park

Get some Vitamin N (nature), take a walk in one of Seattle's parks and read a book while you walk!

Reading and the outdoors go together like kids and playgrounds! The Seattle Public Library and Seattle Parks and Recreation are collaborating to bring you StoryWalk® in the Parks from Tuesday April 19th through Sunday, April 24th.

You can find StoryWalks at Herring's House Park (Tualtwx), Lincoln Park, Green Lake (near the community center) and Genesee Park (between the playground and Community Center).

## TAKE A WALK IN SEATTLE'S LARGEST PARK - DISCOVERY PARK

Saturday, April 23, 1pm-2:30pm

Celebrate Earth Week with Seattle Urban Nature Guides. This guided nature walk will focus on exploring the forest with all our senses. This program will begin and end at the Discovery Park Visitor Center.

All children must be accompanied by an adult. Everyone attending the program must be registered - call (206) 386-4236 to register for this free walk.

